

13TH WMF EUROPEAN CHAMPIONSHIP OPEN 2018

BY



24TH - 27TH MAY 2018

Con il patrocinio del



COMUNE DI FROSINONE

PARCO DEL MATUSA FROSINONE - ITALY

GENERAL INFORMATION

W.M.F. presents the **13TH WMF EUROPEAN CHAMPIONSHIP OPEN 2018**, hosted and organized in **Frosinone - Italy**. The event will represent the stress test for each and every team, athlete and federation of their work, training and techniques against teams from all over the world. The event it is also meant to evaluate athletes, referees and coaches. The aim of the Organizers is to create a standardize environment where all teams could evaluate their level and proficiency.

The event will create a platform where different cultures from all over the world could meet and experience the best that **Muaythai, Thai Culture and Arts** has to offer. Also the event offers a unique opportunity for members from over the world to enjoy experience and interact with the beautiful traditions and culture of the host country and among themselves respectively.

PURPOSE AND GOAL

- To build long lasting relations with other nations from over the world.
- The event will introduce, expand and increase the Sport of Muaythai exposure to the general public, starting with the host country Italy and to all the other World Countries.
- Moreover it offers and creates a sports competitive environment for all athletes boxers for future development.
- Promotes activities for youth and the young to say no to drugs and other detrimental environments.
- It improves the tourism and awareness of the host country Italy.

DATE AND VENUE OF THE EVENT

The **WMF EUROPEAN CHAMPIONSHIP OPEN 2018** will be held between the dates of: **24th - 27th May 2018**.

Location: **Parco del Matusa - Frosinone - Italy**.

WMF EUROPEAN CHAMPIONSHIP OPEN 2018

Rules and regulation:

The Rules and regulation of the competition are in accordance with the statutes of WMF and its Rule Book for Amateur Events:

- As per the regulation mention in the statutes each National Federation/National Representative will bring one athlete for each weight category only.
- Each National Delegation must bring **ONE REFEREE/JUDGE** with them for every 1 - 4 athletes.
- All athletes will have to present International Medical Insurance.
- The head of delegation for each National Team will be responsible for their team members and also to have all documents in order as required.

FEES

Registration fee: 35 \$ - for everyone attending the Event (*Including Officials – Athletes & Guests*).

Country membership fee: 100 \$.

AWARDS AND PRIZES

The Amateur category will award the 1st, 2nd and 3rd place with: medal and trophy.

The PRO-AM category will award the 1st, 2nd and 3rd place with: title belts for the 1st place, medals and certificate for 2nd and 3rd.

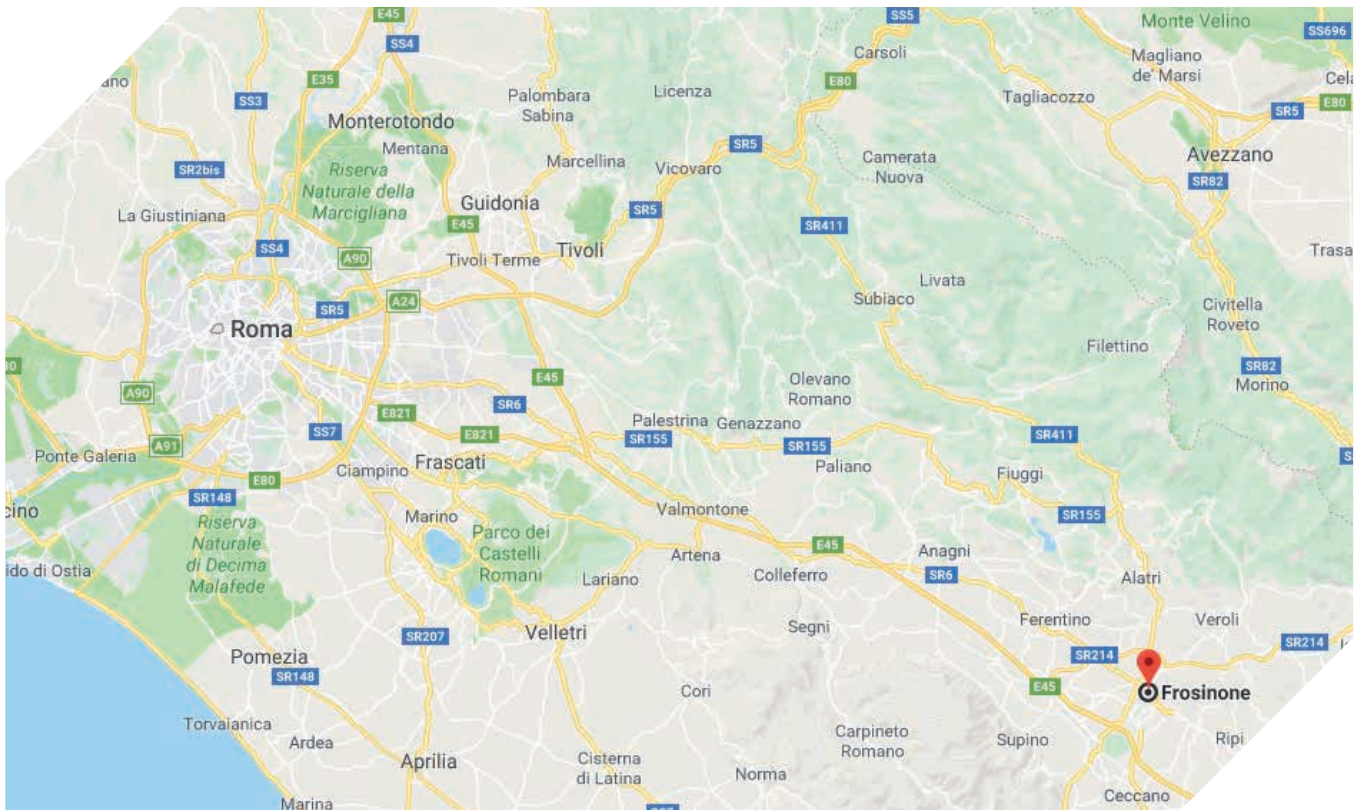
FLAGS / ANTHEM

Please bring audio – CD or MP3 Files of your National Anthem.

Two National flags: (72 cm x 120 cm).

ACCOMMODATION

Frosinone - Italy



Reservation: **CODE "HOLISTIC 2018"**.

EVERY ROOM in EVERY HOTELS cost € 40,00 breakfast included for night, for person using on reservation the code "Holistic 2018".

HOTELS

- 1_ Main **"ASTOR HOTEL"** - *Check weight in & draw. Medical Examination.*
- 2_ **"MEMMINA. HOTEL RESIDENCE"**.
- 3_ **"HOTEL TESTANI"**.
- 4_ **"HOTEL GARIBALDI"** - *Only for President and Official V.I.P.*

ASTOR HOTEL



ASTOR HOTEL SRL

📍 Via Marco Tullio Cicerone, 194. Frosinone - Italy.

☎ +39 0775.270132

✉ astor_hotel@ibero.it

🌐 www.astorhotel-frosinone.it

The comfortable, elegant atmosphere and cosy, relaxing feel of the HOTEL ASTOR will cradle you to sleep at night, and our qualified and trained personnel are here to cater for your every need with absolute respect for your privacy.

Our hotel offers 54 rooms (of which 10 reserved for allergic person and 15 rooms reserved for no - smokers); comfort for all: hair dryer, air conditioning, mini bar, satellite TV, Sky, Premium Mediaset, direct telephone, free wireless, garage and parking. Furthermore, adjacent to our there is a well equipped gym and a relaxing wellness . for special needs we can put at your disposal mini - apartments, varying from 2 to 4 beds; have kitchenette, air conditioning, satellite TV, Sky, Premium Mediaset.



Catering at the Hotel Astor is in the capable hands of our chefs who combine the traditional flavours of the Ciociaria area with innovative Mediterranean cuisine. The restaurant serves a classic continental breakfast for its guests. This is available during morning opening hours and includes a wide choice to suit even the most discerning of palates. Please do not hesitate to contact us with special requests or to advise our chefs of any food intolerances. We will be pleased to provide you with menus and alternative dishes.



MEMMINA. HOTEL RESIDENCE



📍 Via Mària, 120. Frosinone - Italy.

☎ +39 0775.873548

✉ info@albergomemmina.it

🌐 www.albergomemmina.it



Situato nel cuore della "Ciociaria" l'Albergo Ristorante Memmina si trova a metà strada tra Roma e Napoli. A poca distanza dall'Abbazia di Casamari, dalla Certosa di Trisulti, dall'Abbazia di Montecassino, rappresenta la scelta ideale sia per il turismo nazionale ed internazionale che per l'uomo d'affari.

Placed in the heart of "Ciociaria" the Hotel Restaurant Memmina is half-way between Rome and Naples. At little distance to the Casamari Abbey, from the Certosa of Trisulti, from the Montecassino Abbey and it represent an ideal choice both for the



La struttura ricettiva, costruita in parte nell'anno 2000, offre 37 camere dotate di climatizzatore indipendente, tv color, frigorifer, apertura delle porte con card; ha una sala riservata alla ristorazione self-service, con annesso bar.

The structure, built also in the year 2000, has offers 37 rooms with independent air conditioning, tv color, frigrobar doors with key card; it has a room reserved to the self-



Le ampie sale del nostro ristorante offrono la possibilità di ospitare banchetti, cerimonie, ricevimenti, nonché congressi, riunioni, meeting e corsi professionali.

Our large rooms give the possibility to organize both banquets, party and meeting, conferences or profes-



Il self service è la risposta a chi vuole consumare un ottimo pasto veloce. Ogni giorno, Vi aspettano una vasta scelta di piatti ed un ambiente confortevole.



Il nuovo centro congressi Memmina

- Sala congressi da 10 a 230 posti
- Impianto di filodiffusione per video conferenze
- Videoproiezione
- Attrezzature per meeting
- Corsi di formazione e di aggiornamento
- Collegamento Internet

HOTEL TESTANI



📍 Via Tomaso Albinoni, 253. Frosinone - Italy.

☎ +39 0775.292216

✉ colleferro@hoteltestani.it

🌐 www.hoteltestani.it

OUR HOTELS

Three stars are not enough to reward the quality of our service.

The hotels in Frosinone and Colleferro and our 3-star suites have rooms characterized by a modern design, technological solutions and service that allow you to enjoy maximum comfort. The large free parking lots are an important resource for those arriving after a long journey.

The cozy rooms are equipped with efficient services; in fact, they have large-sized doilies, hairdryers, towel warmers and wall-hung sanitary ware for better hygiene.

The soundproof rooms, the mattress that favors rest adapting to the body, the cushions of various densities, guarantee an optimal sleep.

The air conditioning, provides the continuous exchange of air with its filtering, humidity control, the management of temperatures at night to facilitate a more tonic awakening.

All rooms have telephone, additional telephone jacks, WI-Figratuita network, 40' flat-screen television, minibar and large safe (suitable also for laptop size) with internal electrical outlet.



THE RESTAURANT

You can also satisfy the taste.

In the restaurant "La Trattoria", annexed to the hotel in Frosinone, you can taste the smells and flavors of a cuisine that loves to take care of and propose the Ciociaria tradition in its most authentic form, with old hand-made "home-made" dishes and qualities attentive to the satisfaction of the most demanding appetites.

From a prestigious wine cellar you can choose the best accompanying wines to enhance the taste.



HOTEL GARIBALDI



📍 Via del Plebiscito, 49. Frosinone - Italy.

☎ +39 0775.852071

✉ info@hotelgaribaldi.fr.it

🌐 www.hotelgaribaldi.fr.it

STRUCTURE

Hotel Garibaldi, the first hotel in the city dating back to 1886

Recently renovated, it is the only hotel in the historic center and is also the only one to boast a spectacular view as well as pure air compared to that of the city below.

The Hotel Garibaldi guarantees a great stay for those traveling for work but want to give a little relaxation and, perhaps, enjoy dinner in the ratafia restaurant, one of the most renowned in the city inside the hotel, which offers quality cuisine, linked to the territory and attentive to the quality / price ratio.



THE RESTAURANT

The Ratafià restaurant is the ideal place to spend pleasant moments with friends and good food.



THE HOST CITY OF THE COMPETITION



FROSINONE, is a town and comune in Lazio, central Italy, the administrative seat of the province of Frosinone. It is located about 75 kilometres (47 mi) south-east of Rome close to the Rome-Naples A1 Motorway. The city is the main city of the Valle Latina ("Latin Valley"), an Italian geographical and historical region that extends from south of Rome to Cassino.

HISTORY

The first traces of human presence around modern Frosinone date from the lower Paleolithic (around 250,000 years ago). The earliest settlements in the area are from around 4,000 years ago, including late Bronze Age remains in what is now the upper part of the city (12th-10th century BC) and 7th-6th century BC sepulchres. 21 tombs from a Volscan necropolis were found in the Frosinone centre. Frusino (as it is called in ancient Latin sources) was part of the Hernici but its inhabitants were mostly Volscans. In 306 BC, the city took part in the Hernic League against Rome; defeated and sacked, it lost much of its territories to the nearby Ferentino. Later, during the Second Punic War, it was devastated by Hannibal's armies, to which it has refused to surrender.

The Roman writer Cicero had a villa in Frusino. The city obtained the citizenship rights and became a colony in Roman imperial times, when part of its lands were assigned to Roman legionaries. Frosinone was the birthplace of two early Christian popes, Hormisdas and his son Silverius (6th century AD), who are now its patron saints. After the fall of the Western Roman Empire, Frosinone was destroyed several times by foreign invaders; in the early Middle Ages it was an agricultural center, usually of Papal allegiance. After escaping the dominance of the nearby commune of Anagni, in the early 14th century it fell under Alatri. In 1350, it was damaged by an earthquake. After the Sack of Rome (1527), Frosinone was also ravaged by German, Florentine and French troops and again, in 1556, by Spanish troops fighting against Pope Paul IV. The following year it became the official seat of the papal governor of the province of Campagna and Marittima.

Frosinone steadily expanded its population in modern times, passing from around 2,000 people in the mid-17th century to the over 10,000 it had at the Unification of Italy (late 19th century). In 1863, it was connected to the national railway network. In 1927, the Fascist government made it the capital of a new province, created with territories from the provinces of Caserta and Rome. In 1943-1944, during the Allied invasion of southern occupied Italy in World War II, it was bombed 56 times by Anglo-American planes; the first Allied troops entered Frosinone on 31 May 1944.

After the war, as the city was rebuilt in more modern lines, Frosinone lost its traditional agricultural role in favour of industry and, above all, tertiary (commercial) activities. In 1962, it was reached by the A1 Rome-Naples motorway.



Photo by **Andrea De Persio**©

WEIGHT CATEGORIES FOR THE WMF EUROPEAN CHAMPIONSHIP OPEN 2018

CADET MALE

Age, 12yrs – 14yrs before 15th Birthday.
(Country Passport needed with application)

WEIGHT CATEGORIES

Male Max: 37 kg, 45 kg, 48 kg, 54 kg, 60 kg,
63.5 kg, + 63.5 kg.

Number of Rounds: 2 rounds x 1.5 min with 1.5
min break.

CADET FEMALE

Age, 12yrs – 14yrs before 15th Birthday.
(Country Passport needed with application)

WEIGHT CATEGORIES

Female Max: 48 kg, 51 kg, 54 kg, 57 kg.

Number of Rounds: 2 rounds x 1.5 min with
1.5 min break

YOUTH MALE

Age, 15yrs – 19yrs before 19th Birthday.
(Country Passport needed with application)

WEIGHT CATEGORIES

Male Max: 60 kg, 63.5 kg, 67 Kg, 71 Kg, 75 Kg.

Number of Rounds: 3 rounds x 1.5 min with 1.5
min break.

YOUTH FEMALE

Age, 15yrs – 19yrs before 19th Birthday.
(Country Passport needed with application)

WEIGHT CATEGORIES

Female Max: 51 kg, 54 kg, 57 Kg, 60 Kg.

Number of Rounds: 3 rounds x 1.5 min with 1.5
min break.

SENIOR MALE

Age, 19yrs – 37yrs.
(Country Passport needed with application)

WEIGHT CATEGORIES

Male Max: 60kg, 63.5kg, 67kg, 71kg, 75kg, 81kg,
86kg, 91kg, +91kg.

Number of Rounds: 3 rounds x 2 min with 1 min
break.

SENIOR FEMALE

Age, 19yrs – 37yrs.
(Country Passport needed with application)

WEIGHT CATEGORIES

Female Max: 48kg, 51kg, 54kg, 57kg, 60kg, 63.5kg.

Number of Rounds: 3 rounds x 2 min with 1 min
break.

PRO - AM SENIOR MALE

Age, 19yrs – 37yrs.
(Country Passport needed with application)

WEIGHT CATEGORIES

Male Max: 60kg, 63.5kg, 67kg, 71kg, 75kg, 81kg,
86kg.

Number of Rounds: 3 rounds x 3 min with 2 min
break.

PRO - AM SENIOR FEMALE

Age, 19yrs – 37yrs.
(Country Passport needed with application)

WEIGHT CATEGORIES

Female Max: 54 kg, 57 kg, 60kg, 63.5kg.

Number of Rounds: 3 rounds x 3 min with 2 min
break.

PARTICIPANT REGISTRATION

- Entry Form A (for athletes, coaches, officials) must be submitted before **30 April 2018**.
- Athlete Entry Form using **APP** (IOS, Android) "**HOLISTIC DAY**" all the instructions in prove Whatsapp & Facebook.
- Reservation Hotel must be submitted before **30 April 2018**.

CONTACT DETAILS

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WORLD MUAYTHAI FEDERATION

Unit 223-224, Zone E7, Rajamangala National Stadium, Sport Authority of Thailand,
286, Ramkhamheang Road, Huamark, Bangkok 10240.

Rules and Regulations **Cadet Division (12 years not over 14 years)** **13th WMF European Championship open 2018**

PREAMBLE: *It is to be understood that the following agreement had been reached with the Representatives from all Countries which have entered athletes to the Cadet Division during the 13th WMF European Championship open 2018 - Frosinone – Italy and they are all bound by this Technical and Competition Rules and will instruct their boxers in following them in the ring during the competition.*

RULES:

- No punch to the head is allowed.
- No knee to the head is allowed.
- No kick to the head is allowed.
- No elbow to the head is allowed.

The head has to be safe and protected at all times.

FOULS – ACCIDENT :

- First foul – Will receive a friendly warning from the referee.
- Second foul (warning) – Will result in 1 (one) point deduction.
- Fouls/Accident causing KO (knock – out) – Will result in the disqualification.

BODY – FULL CONTACT IS ALLOWED:

POINTS:

- Punch to the body – scores 1(one) Point.
- Knee to the body - scores 1(one) Point.
- Kick to the body – scores 1(one) Point.
- Elbow to the body – scores 1(one) Point.
- Clinch and throw (Must be a clean combo) – scores 1(one) Point.
- Boxers falling together – No Points.