



European Muay Championship 2015



*20th – 30th November 2015
Sports Hall High school Aradippou
Larnaca - Cyprus*

*20th – 30th November Amateur/PRO-AM Muay
30th November E.M.C. PRO Marathon
Seminar Referee and Judge
Coach & Trainer Certification Course
Muay Boran/ Muaythai Certification Course*

European Muay Confederation - E.M.C. HEAD OFFICE

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THE 4TH EUROPEAN MUAY CHAMPIONSHIP 2015

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1. General Information

- 1.1 The European Muay Confederation presents the 4th European Muay Championship 2015, hosted and organized in Larnaca, Cyprus. The event will represent the stress test for each and every team, athlete and federation of their work, training and techniques against teams from all over Europe. The event it is also meant to evaluate athletes, referees and coaches. The aim of the Organizers is to create a standardize environment where all teams could evaluate their level and proficiency in preparation for the World Muay Championship 2016.
- 1.2 The event will create a platform where different cultures from Europe could meet and experience the best that Muay Sport, Thai Culture and Arts, Thai Cuisine has to offer. Also the event offers a unique opportunity for members from all Europe to enjoy, experience and interact with the beautiful traditions and culture of the host country and among themselves respectively.

2. Purpose and Goal

- 2.1 To build long lasting relations with other nations from Europe.
- 2.2 The event will introduce, expand and increase the Sport of Muay and the Art of Muay Boran exposure to the general public, starting with the host country Cyprus and to all the other European Countries.
- 2.3 Moreover it offers and creates a sports competitive environment for all athletes/boxers for future development.
- 2.4 Promotes activities for youth and the young to say no to drugs and other detrimental environments.
- 2.5 It improves the tourism and awareness of the host country Cyprus.

THE 4TH EUROPEAN MUAY CHAMPIONSHIP 2015

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3. Date and Venue of the Event

The European Muay Championship will be held between the dates of:

20st November to 30th November 2015.

Location: Sports Hall High school Aradippou – Larnaca - Cyprus.

4. European Muay Championship

Rules and regulation:

The Rules and regulation of the competition are in accordance with the statues of the European Muay Confederation and it’s Rule Book for Amateur and ProAm Events:

- 4.1 As per the regulation mention in the statues each National Federation/National Representative will bring one athlete for each weight category only.
- 4.2 Each National Delegation must bring **ONE REFEREE/JUDGE with them for every 1 - 4 athletes.**
- 4.3 All athletes will have to present International Medical Insurance.
- 4.4 The head of delegation for each National Team will be responsible for their team members and also to have all documents in order as required.

5. Awards and Prizes

The Amateur category will award the 1st, 2nd and 3rd place with: medal, certificates and trophy.

The PRO-AM category will award the 1st, 2nd and 3rd place with: title belts for the 1st place, medals and certificate for 2nd and 3rd..

Awards could also be given for other reasons (eg. “The best Muaythai technic”, etc.).

6. Fees

- 6.1 Registration fee: **30 Euro** (for everyone attending the Event (Including Officials – Athletes & Guests)
- 6.2 Country membership fee: **200 Euro**

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7. Participant Registration

- 7.1 Entry Form A (for athletes, coaches, officials) must be submitted before **1st November 2015**
- 7.2 Athlete Entry Form A & B must be submitted before **1st November 2015**
- 7.3 Reservation Hotel must be submitted before **1st November 2015**
- 7.4 Flight details must be submitted before **10th November 2015**

8. Visa

Visas to Cyprus are required for all representatives of the countries except:

- Citizens of the European Union.
- Citizens from the countries having with Cyprus special visa agreements (Israel, Switzerland, other).

To apply for Cyprus VISA get in touch with the Cyprus Embassy or Consulate within your Country of Residence.

Otherwise for any information or support regarding the visa application please contact the Organizing committee at pr@worldmuaythafederation.com regarding any VISA requirements.

9. Transportation

Shuttle bus will be arranged from Larnaca International Airport to the Official Hotel and from the official hotel to the venue only for the participating delegates who are staying at the official designated hotel.

Notice: In order to organize for you the transport, please send us your flight details until 10th November 2015.

10. Flags / Anthem

Please bring audio –CD or MP3 Files of your National Anthem,
Two National flags: (72 cm. x 120 cm.).

11. Ticket Plane

For plane tickets please contact our Director of Operations, Nicole Krauss at:
pr@worldmuaythafederation.com

To support you in providing the cheapest flight options available in the marketplace.

THE 4TH EUROPEAN MUAY CHAMPIONSHIP 2015

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12. Hotel Details

The official venue for the European Muay Championship is **LORDOS BEACH HOTEL LARNACA**, a 4* hotel.

Discover the perfect recipe for relaxation at the Lordos Beach Hotel. Soak up the sun on the beach or enjoy a cooling dip in one of the beautiful cascading pools with outdoor jacuzzi.

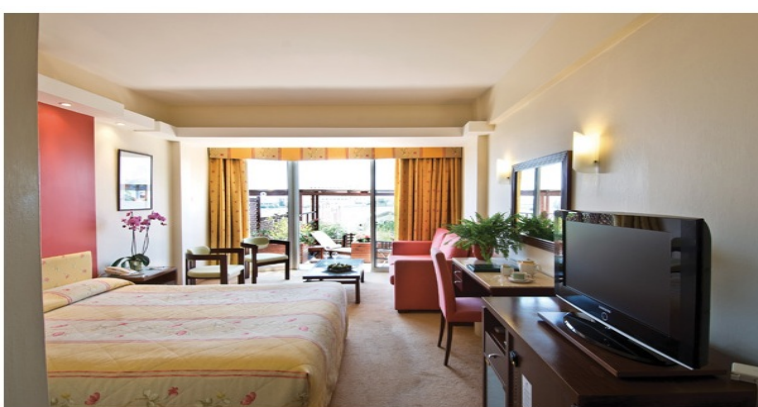
As one of the leading 4 star hotels in Cyprus, the hotel is ideally located on the sandy beach of Larnaca, close to both the Larnaca International Airport and the City Centre. The Lordos Beach Hotel combines first class accommodation, good food and excellent service, with a wide variety of entertainment – all complemented by a large range of leisure facilities and water sports.

Official Hotel	Room type	Room Rate
Lordos Beach Hotel ****	Single - SSV (1 bed)	70 EUR per Night
	Twin room SSV (2 beds)	35 EUR+ 35 EUR = 70 EUR per Night

Hotel front entrance and lobby



Rooms



THE 4TH EUROPEAN MUAY CHAMPIONSHIP 2015

LARNACA



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13. Venue of the European Muay Championship 2015

The official venue of the European Muay Championship Larnaca 2015 is **Sports Hall High school Aradippou**. The Sports Hall High school Aradippou has all the facilities that can benefit our members. The center provides services to the highest standards, in a safe and friendly environment.



14. The Host City of the European Muay Championship 2015

Larnaca (also spelt Larnaka) is an area of outstanding beauty - endowed with numerous attractions, waterfronts and scenic vistas as well as some of the islands most outstanding beaches. It is located on Cyprus' southernmost coast and is the countries third largest city and home to the second largest commercial port. Larnaca's International Airport is located on the fringe of the city with easy access to and from the city centre..



THE 4TH EUROPEAN MUAY CHAMPIONSHIP 2015

LARNACA



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15. Weight Categories for the European Muay Championship

15.1 Cadet Male & Female

Age, 12yrs – 15yrs before 15th Birthday. (Country Passport needed with application)

Weight Categories

Male Max: 35 kg 37 kg 39 kg 41 kg 43 kg, 45 kg, 48 kg, 51 kg, 54 kg, 57 kg, 60 kg, 63.5 kg, + 63.5 kg.

Female Max: : 35 kg 37 kg 39 kg 41 kg 43 kg, 45 kg, 48 kg, 51 kg, 54 kg, 57 kg, 60 kg, 63.5 kg, + 63.5 kg.

Number of Rounds: 2 rounds x 1.5 min with 1.5 min break

15.2 Youth Male & Female

Age 15yrs – 19yrs before 19 Birthday (Country Passport needed with application)

Weight Categories

Male Max: 43kg, 45kg, 48kg, 51kg, 54kg, 57kg, 60kg, 63.5kg, 67kg, 71kg, 75kg, 81kg, 86kg.

Female Max: 48kg, 51kg, 54kg, 57kg, 60kg, 63.5kg, 67kg, +67kg.

Number of Rounds: 3 rounds x 1.5 min with 1.5 min break

15.3 Senior Male & Female

Age 19yrs -37 years (Country Passport needed with application)

Weight Categories

Male Max: 45kg, 48kg, 51kg, 54kg, 57kg, 60kg, 63.5kg, 67kg, 71kg, 75kg, 81kg, 86kg, 91kg, +91kg

Female Max: 48kg, 51kg, 54kg, 57kg, 60kg, 63.5kg, 67kg, +67kg.

Number of Rounds: 3 rounds x 2 min with 1 min break

15.3. PRO-AM MUAYTHAI EUROPEAN CHAMPIONSHIPS

Age, 19yrs -37 years (Country Passport needed with application)

Weight Category

Male Max: 51kg, 54kg, 57kg, 60kg, 63.5kg, 67kg, 71kg, 75kg, 81kg, 86kg, 91kg, +91kg

Female Max: 48kg, 51kg, 54kg, 57kg, 60kg, 63.5kg, 67kg, +67kg,

Number of Rounds : 3 rounds x 3 min with 2 min break

THE 4TH EUROPEAN MUAY CHAMPIONSHIP 2015

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16. Certification Courses

16.1. Muaythai Referee & Judge License “C” Class

Amateur Muaythai Referee & Judge course based on W.M.F. Amateur/ProAM rules.

Course Duration: 2 Days

Pre-requisite: None

Final Exam: Written & Performance Exams

Price: **150 Euro**

16.2. Muaythai Referee & Judge License “B” Class

Amateur Muaythai Referee & Judge course based on W.M.F. Amateur/ProAM rules.

Course Duration: 2 Days

Pre-requisite: Minimum 1 year since the “C” Class Examination

Final Exam: Written & Performance Exams

Price: **150 Euro**

16.3. Muaythai Referee & Judge License “A” Class

Amateur Muaythai Referee & Judge course based on W.M.F. Amateur/ProAM rules.

Course Duration: 2 Days

Pre-requisite: Minimum 1 year since the “B” Class Examination

Final Exam: Written & Performance Exams

Price: **150 Euro**

16.4. Muaythai Coach and Trainer Course

Course Length: 3 days.

Requirements: Muaythai and/or Martial Arts experience

Course Details:

- You will learn how to teach Muaythai lessons for beginners/intermediate.
- You will be able to teach private classes and children classes.
- You will learn the basic Pad Work/gym work to train your students. You will learn to use the various combinations of training equipment such as the Thai Pads, Focused Mitts.

Price: **140 Euro**

16.5. Muay Boran/ Muaythai Certification Course

Course Length: 3 Days

Course Requirements: Muaythai and/or Martial Arts experience

Price: **160 Euro**

THE 4TH EUROPEAN MUAY CHAMPIONSHIP 2015

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17. Contact Details

For any help or for further information you may require, please call or write to:

4th European Muay Championship 2015 Organizing Committee

European Muay Confederation - E.M.C. HEAD OFFICE

Maison du Sport International SA Av. de Rhodanie 54 1007 Lausanne VD – Suisse

Tel: (668) 9488 7364 Fax: (662) 930 6130

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THE 4TH EUROPEAN MUAY CHAMPIONSHIP 2015

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PROGRAM OF ACTIVITIES
DURING EUROPEAN MUAYTHAI CHAMPIONSHIPS 2013
21st November – 30th November 2015

Date	Time	Activity
20 - 21 st November Saturday		Arrival of ALL Teams & Participants. Registration for ALL Athlete Separate of all sport and subject of competition. , Referee & Judge, Muaythai/Muay Boran Trainer and Coaching course. Info briefing at Lordos Beach Hotel.
22 nd November Sunday	06:00 - 12:00 09.00	Weigh-in for ALL fighters/ Open and Information for Courses at Lordos Beach Hotel.
	10.00-12.00	Muaythai/Muay Boran, Trainer and Coaching Courses at Lordos Beach Hotel. Referees & Judges courses Amateur Muay at Lordos Beach Hotel.
	16:00 – 18:00	4 th European Muay Confederation Congress 2015
	18.00	Head Coach / Manager meeting briefing. Official Draw - Lordos Beach Hotel
	20.00 -22.30	Welcome party for all countries participating teams (Lordos Beach Hotel).
23 rd November Monday	07.00-09.00	Physical Medical Examination & Weigh-in for the fighters on the day Breakfast
	9.30- 11.30	Muaythai/Muay Boran, Trainer and Coaching Courses at Lordos Beach Hotel.
	14.00-15.30	Referees & Judges courses Amateur Muay at Lordos Beach Hotel
	17.00-22.00	Opening Ceremony /Requested all the Participants of all Nations in your Country Uniform to line up and marching Sports Hall High school Aradippou The President of the tournament declares Open, the Show of Muay. Amateur First bout start at Sports Hall High school Aradippou.
24 th November Tuesday	07.00-09.00	Physical Medical Examination & Weigh-in for the fighters on the day Register Pro-Am & Physical Medical Examination & Weigh-in Breakfast
	9.30- 11.30	Referees & Judges courses Amateur Muay.
	12.30-14.00	Muaythai/Muay Boran, Trainer and Coaching Courses at Lordos Beach Hotel
	17.30	Amateur Bouts start at Sports Hall High school Aradippou.

THE 4TH EUROPEAN MUAY CHAMPIONSHIP 2015

LARNACA



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25 th November Wednesday	07.00-09.00	Physical Medical Examination & Weigh-in for the fighters on the day Breakfast
	9.30- 11.30	Referees & Judges courses Amateur Muay
	14.00-16.00	Muaythai/Muay Boran, Trainer and Coaching Courses at Lordos Beach Hotel
	17.00 - 20.30	Amateur Bouts start (Semi Final) at Sports Hall High school Aradippou.
26 th November Thursday	7:00 – 8:00	Breakfast
	8:30 – 20:00	Amazing Trip to Cyprus
27 th November Friday	07.00-09.00	Physical Medical Examination & Weigh-in for the fighters on the day
	15:00	Amateur Championships bouts start (Final) at Sports Hall High school Aradippou..
	17:00	Pro-Am Bouts start at Sports Hall High school Aradippou
28 th November Saturday	07:00 – 09:00	Physical Medical Examination & Weigh-in for the fighters on the day.
	10:00-12:00	Registration Professional Tournament for European Title Belt E.M.C. PRO
	16:00 – 21:00	Pro-Am Bouts (Semifinals)start at Sports Hall High school Aradippou
29 th November Sunday	07:00 – 09:00	Physical Medical Examination & Weigh-in for the fighters on the day.
	10:00- 11:00	Official Draw for Professional Tournament for European Title Belt E.M.C. PRO
	16:00 – 22:00	Pro-Am (Finals)start at Sports Hall High school Aradippou Championships Medals AM and PRO AM Belts Presentation (Closing Ceremony)
30 th November Monday	08:00 – 09:30	Physical Medical Examination & Weigh-in for the professional event.
	18:00 – 22:00	Professional tournament and European Title Belt EMC Pro Optional day if we are to arrange the EMC Pro Series. Can be done on 29th after the Finals.

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LARNACA



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